**Title of the Paper**  
Author's Full Name  
Affiliation (e.g., Department, University Name)  
  
**Abstract**  
*The abstract is a brief summary of the paper, usually about 150–250 words. It includes the purpose of the study, the main findings, and the conclusions. It does not include citations or detailed information.*

**Keywords:** APA, style, sample paper, formatting

Begin the paper with an introduction (no heading labelled “Introduction”). Clearly state the topic and purpose of the paper. Provide relevant background information and define key terms if necessary.

**Level 1 Heading: Literature Review**

Discuss relevant literature here. Use in-text citations properly, for example:

According to Smith (2020), APA style is essential for standard academic writing.  
OR  
APA style provides a structured approach to academic writing (Jones, 2019).

**Level 2 Heading: Methodology**

Describe how your study was conducted. Include participants, procedures, and data collection methods.

**Level 2 Heading: Results**

Summarize the findings using text, tables, or figures as needed. Always refer to your tables/figures in-text (see Table 1 or Figure 1).

**Level 2 Heading: Discussion**

Interpret the findings. Discuss implications, limitations, and suggestions for future research.

**References**

(Use hanging indent, double spacing, and alphabetical order)

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.).  
https://doi.org/10.1037/0000165-000

Jones, T. A. (2019). *Understanding research methods*. Sage Publications.

Smith, R. L. (2020). A study on APA formatting. *Journal of Academic Writing, 12*(3), 123–130.  
https://doi.org/10.1016/j.jaw.2020.03.001